

## The Dependable Strengths Articulation Process®

### Make Job Offers Come to You

#### **What is the Dependable Strengths Articulation Process® (DSAP)?**

Dependable Strengths® is a philosophy and practice developed by Bernard Haldane, based on the premise that all people have some form of excellence deep within them. This can be identified and brought to awareness, enabling people to do their best work and experience their greatest satisfaction and effectiveness in life. The DSAP workshop shows you how to get in touch with your best self to unlock your hidden potential.

#### **What happens in the Dependable Strengths® workshop?**

The Dependable Strengths® workshop is an intensive, non-traditional job search seminar that helps you to identify your core talents, skills, and abilities – your pattern of “Dependable Strengths®” - through examining “good experiences”. You’ll learn how to talk about these strengths in job interviews and when making contacts.

#### **What are the job search components?**

You will learn how to confidently demonstrate your value to employers in job interviews, how to uncover potential job opportunities by making contacts and becoming a “Job Magnet”, and how to negotiate for a promotion or pay increase.

#### **What is the format like?**

Dependable Strengths® is an interactive group process. The workshop leaders help to facilitate the process. Much of the work is done in small groups. These groups become an important source of support during (and after) the workshop.

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**“Because you are unique, there’s something  
you are better at than anybody else.”**

Bernard Haldane, Originator of Dependable Strengths®